

## Yavapai County

Our Mission: "Yavapai County will serve and protect its citizens through efficient management of all its resources to enhance the lives of those we serve."

For Immediate Release Friday, October 22, 2021

Contact Information:

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## Yavapai County Flu Shots and Town Hall Meetings

There are only three more flu shot clinics left in October and Yavapai County Board of Supervisors Harry Oberg, will be at two of these events to hold Town Hall meetings. Supervisor Oberg will be at the Congress Fire Department from 6:00-7:30 pm, on Tuesday October 26, and the Southern Yavapai Fire Dept. on Thursday October 28, from 5:30 – 7:00 pm, to meet and talk to anyone who would like the opportunity to discuss upcoming events or Yavapai County issues.

Tues., Oct. 26	3:00 – 6:00 pm	<b>Congress Fire Department</b>	26733 Santa Fe Road, Congress
Thurs., Oct. 28	4:00 – 5:30 pm	Southern Yavapai Fire Dept	9000 Magby Lane, Wilhoit
Fri., Oct. 29	3:00 – 4:30 pm	Verde Village Clubhouse	4855 E Broken Saddle Dr., Verde Vlg

**Flu Shot Benefits:** The annual flu vaccine is the best way to reduce the chances that you will get the seasonal flu and spread it to others. The more people who get vaccinated against the flu, the less the flu will spread throughout the community.

Who Should get the Flu Vaccine? Everyone should receive an annual flu vaccine. Protecting yourself from the flu also protects the people around you who are more vulnerable to serious flu associated illnesses such as: infants, older adults, and anyone with a chronic condition.

**Does the Flu Vaccine Work Right Away?** No, it takes about two weeks after receiving the flu vaccination for the antibodies to develop in the body and provide protection against the flu. That's why it's better to receive your flu vaccination as soon as available or early in the season.

The '21-'22 Flu season officially begins October 1, and the flu typically hits its peak between January and March. YCCHS and state leaders have put an extra emphasis on the vaccination because of COVID-19's ongoing impact.

Both COVID-19 and influenza are contagious respiratory illnesses that share many of the same signs and symptoms. COVID-19 and influenza can result in severe illness and complications for older adults, people with certain underlying medical conditions, and pregnant women. If you have questions about whether you should get a flu vaccine, consult your healthcare provider.

If you have insurance, please bring your insurance card. If is not convenient to make one of these events please call 928-771-3122 to make an appointment at one of our three locations in Prescott, Prescott Valley or Cottonwood. ###

For information about Yavapai County Community Health Services or food recalls, please contact David McAtee at 928-442-5509 or email David.McAtee@yavapai.us. Or visit www.Yavapai.us



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